



ANCILLA COLLEGE

TRANSFER PROGRAM

RECOMMENDED COURSEWORK

PHYSICAL EDUCATION

Why should I consider a College Transfer Program?

Transfer requirements vary from college to college. The sample transfer curriculum below indicates a program of study that will help prepare students for Bachelor's degrees at senior institutions. See an advisor to assist you in creating an educational plan to fit a chosen program of study and the transfer requirements for the college or university where you will complete the Bachelor's degree.

Below are suggested courses to meet the transfer requirements to IUPUI for BS in Kinesiology-Exercise Science.

What are the requirements for Physical Education Teacher?

Suggested Schedule of Classes:

First Semester --		Credits	Third Semester --		Credits
EN110	Writing I	3	PS115	General Psychology†	3
CA115	Public Speaking	3	EN220	World Literature -OR-	3
HM101	Freshman Seminar	1	EN222	American Literature	
BI252	Anatomy & Physiology I	5	SC140	Introduction to Sociology	3
AR125	Art Appreciation -OR-	3	CH120	General Chemistry I	5
MS125	Music Appreciation				
Second Semester --			Fourth Semester --		
EN212	Writing II	3	Religion -OR- Philosophy		3
History	-OR- Political Science†	3	Elective*		5
CS135	Computer Literacy	3	Elective*		5
BI254	Anatomy & Physiology II	5	Elective*		3-5
MT110	College Algebra	3			

General Elective Total: 18 credit hours **Gen. Ed. Requirements:** 44 credits **Total Credits to Graduate:** 62 credit hours

Suggested electives include: NT110 Nutrition, SC170 Culture & Society, MT125 Finite Math -OR- MT230 Trigonometry, SC265 Abnormal Psychology, ED250 Educational Psychology, CA215 Interpersonal Communication

†Three areas must be represented.

"Good coaches teach respect for the opposition, love of competition, the value of trying your best, and how to win and lose graciously."
-Brooks Clark

What can I do with an Associate degree in the field of Physical Education?

The primary aim of physical education is to equip students with the knowledge, skills, capacities, and values along with the enthusiasm to maintain a healthy lifestyle into adulthood. A physical education and health degree prepares students for a career in teaching and coaching classes related to: general exercise, recreation, games, sports, fitness, nutrition, and hygiene. Undergraduate degrees prepare teachers and coaches for grades K-12. Graduate degrees provide the credentials for teaching on a college level.

Though some of the program content quite literally involves "fun and games," students seeking a physical education and health degree also enroll in serious academic courses on subjects such as kinesiology, morphology, and physiology (studies related to motion, body structure, and function). Teaching college courses in this field requires an advanced degree in health education or a related field.

Effective Date: Fall 2009